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Treatment Recommendations of a Rare Neurological Paraneoplastic Syndrome Caused by Small Cell Lung Cancer: A Case Report

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Abstract

Paraneoplastic syndrome refers to these pathological changes of far organ function of patients when malignancy do not metastasize. It would cause some relevant clinical manifestations in nerve, digestion, hematopoiesis, endocrine, bones, joints and urinary system. And when the lesions occur in nervous system, called the neurological Paraneoplastic Syndrome (PNS).

PNS occurs with any type of malignancy although the more commonly tumors are Small-Cell Lung Cancer (SCLC). It appears generally earlier comparing with the clinical symptoms directly caused by the tumor. The diagnosis is difficult and the treatment is more difficult. Neurological dysfunction is severe.

This paper reports a case of 59 year old male with PNS as the initial symptom of small cell lung cancer. The symptoms of PNS repeated attacks after surgery and chemotherapy, but the symptoms are serious, it is rare in clinical.

After the multidisciplinary consultation, Symptoms of PNS in patients accepting the active treatment of the original disease and anti-depressant drugs and anti-pain drug treatment at the same time have eased, which has a certain reference value to the treatment of PNS.

Keywords: Small cell lung cancer (SCLC); Paraneoplastic neurological syndromes (PNS); MDT (Multi-disciplinary team); Treatment

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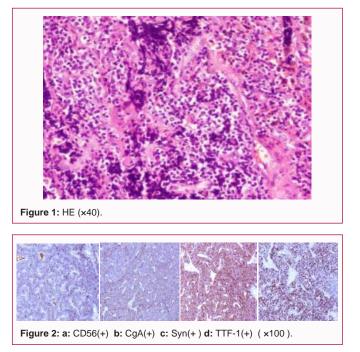
Copyright © 2017 Linlin Liu. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. Currently the main treatments for PNS are anti-tumor therapy and immune therapy. The most effective means firstly considered should be actively looking for and therapy of primary tumor to clear the corresponding antigen. But after resection or chemoradiotherapy of the primary tumor, the symptoms of PNS have not eased much more. And immunomodulatory therapy has only curative effect to the PNS symptoms involving of the nerve-muscle or joint of peripheral nerve, but these caused by the CNS (Central Nervous System) is limited [1]. Despite the majority of patients have accepted the aggressive treatment, the results is unsatisfactory. In addition due to irreversible injury of Central neuron caused by the lack of neural function leads to the damage of lasting legacy. So the treatment of PNS has always been not satisfactory. This case shared us a successful case about the optimal treatment experience of PNS, hoping to have certain reference for clinicians, which also emphasized the importance of MDT at the same time.

Case Presentation

Introduction

A 59-year-old male with no particular past medical history, was presented with the numbness symptoms of face and limbs and misdiagnosed as peripheral neuritis. The numbness symptoms were persisting after symptomatic treatment. The chest CT on June 26, 2015 revealed nodular density in left lower lobe.

The patient accepted surgical treatment On October 14, 2015. Postoperative pathology: (the left lower lobe) small cell carcinoma (Figure 1). Immunohistochemical staining: Syn (+), CgA (+), CD56 (+), TTF-1(+), Ki67 (+90%), LCA (-), P40 (-), CK5/6 (-), CK (AE1/AE3) (+) (Figure 2). Antibody analysis of neuronal antigenic spectrum: Hu antibodies (++) (Figure 3). pT1N0M0. The numbness symptoms of whole body had eased, but then continues to increase after postoperative 3 days. The



patient received two cycle chemotherapy (etoposide + losplatinum) and immune modulation at the same times between October 2015 to December 2015. The whole body numbness symptoms of the patient would ease for 2-3 days after each treatment but it would continue to aggravate. The patient received radiation therapy On November 20, 2015. Radiation therapy was stopped because of bone marrow suppression. The numbness symptoms of the patient still persisted and even wanted to suicide. Later the patient received Pregabalin, Bulleyaconitine A, Amitriptyline and Duloxetine after Multidisciplinary consultation. PNS symptoms of the patient had eased after Oral medication. The symptoms of PNS had completely eased, the patient still be alive healthily by follow-up On December 2016.

Discussion

The pathogenesis of Neurological paraneoplastic syndrome, also known as the remote effect of tumor is complex [2]. It could be that antigen of the nervous system expressed in tumor cells occurs immune cross-reactivity with nerve tissue, which cause nervous system dysfunction. Another possible mechanism is that immune responses occur when the apoptotic cells from the rapid growth and apoptosis of tumor are engulfed by antigen-presenting cells, or tumor cells from abnormal neural differentiation express nerve antigen, which can trigger a series of immune reaction.

Hu antibody in diagnosis of small cell lung cancer with paraneoplastic syndrome is highly sensitivity and specificity. And Sentis Madrid H etc [3] think: Paraneoplastic syndrome could be clearly diagnosed when the classic clinical syndrome combined with Hu antibodies (+) in patients. Hu antibody of this patient is positive. The numbness symptoms of face and limbs was seriously. The patients had suicidal depression. So the diagnosis was clearly.

Now there is no randomised control trial data for the treatment for PNS. But the main treatments For PNS include: (1) anti-cancer treatments of surgery, radiotherapy, chemotherapy to control disease progression; (2) the immunosuppressive therapy, such as hormones, cyclophosphamide, plasma exchange and the treatment of the

Antibody Analysis of Neuronal A	Antigenic Spectrum report
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Essential		Corresponding	Experimental	Conclusion
information		antibody	result	suggestion
Name	Pan Jianping	Amphiphysin	(-)	The serum Hu
Sex	Male	CV2.1	(-)	antibodies
Patient		PNMA2(Ma2/Ta)	(-)	was positive in
Number	1003112137	Ri	(-)	the patients.
Sample Type	serum	Yo	(-)	
serial number	141-85	Hu	(++)	
Date of		Control	(+++)	
submission	2016-3-10			
Date of report	2016-3-14		Inspector:Gu Yuehua	
Figure 3: Hu a	antibodies (++).			

humoral immune method [4]. But for most patients, the effect of immune therapy is poor and the main treatment is still controlling the primary tumor.

In this case, we organized a multidisciplinary consultation and decided that adjuvant therapy such as Pregabalin, Bulleyaconitine A, amitriptyline, duloxetine were added on the basis of actively treating the primary disease. The numbness symptoms of face and limbs had eased after one month. Studies had shown that Pregabalin by reducing excitatory neurotransmitter release such as glutamate, noradrenaline, substance P, could inhibite neurons euphoria and treat spontaneous pain after nerve injury, so as to alleviate neuropathic pain and allergic symptoms [5-8]. Bulleyaconitine A, modern plant medicine, has a good analgesics and anti-inflammatory. It also has certain immune regulation. It has a certain analgesic effect by effectively reducing pain relying on electro-physiological basis-sodiumion current [9]. The mechanism of duloxetine and amitriptyline is similar. They can enhance the norepinephrine and serotonin to neurotransmitter systems of the dual role of the nerve conduction, which is useful for the regulation of emotion and pain sensitivity and can improve tolerance of the body to pain [10-11]. These drugs have achieved a certain effect to peripheral neuropathy induced by chemotherapy [12-13].

The PNS symptoms of the patient were eased. The mechanism may be that the secretion of abnormal hormone of tumor cells and specific antigen of the nerve reduce, which weakens the ability of the body's immune response of neural tissue. Therefore the whole body numbness symptoms were alleviated, avoiding the emergence of permanent neurological damage, improving the quality of life and prolonging survival.

Conclusion

The incidence of Neurological paraneoplastic syndrome in patients with tumor is low. Conventional treatment effect is not satisfactory and poor prognosis. The numbness symptoms of the patient accepting Pregabalin and antidepressant drugs on the basis of the primary disease were eased, which provides an optimal reference treatment of neurological paraneoplastic syndrome.

Consent

Written informed consent was obtained from the patient for

publication of this Case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

Authors' Contributions

WY and DZ conceived the idea, did the literature search and prepared the manuscript. LL,WZ and ML provided critical review of the manuscript and research guidance. All authors have read and approved the final manuscript.

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