



## Fitobezoar: Atypical Bezoar Case

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### Clinical Image

A 62-years-old woman with a history of Crohn's disease and asthma complained of abnormal stool 2 weeks ago. Sometimes she had to take the stool out with the hand, measuring about 25-40 cm length. Stool's consistency was like compacted esparto. No blood and no other sign or symptom was showed. No alteration in deposition periodicity was detected. Asthma treatment consists on home aerosol (budesonide and salbutamol) and 3,5 g per day of *Plantago ovata* (Ispaghula husk). Patient mentioned a recent decrease in fluid intake. She showed me a picture of stool for her last two times in the bathroom (Figure 1). After getting the patient back to adequate fluid intake and providing her with information, normal intestinal bowel returned to normal routine and there was no need for other diagnostic tests, except for a microbiological association study to rule out any parasitic process, which was negative.

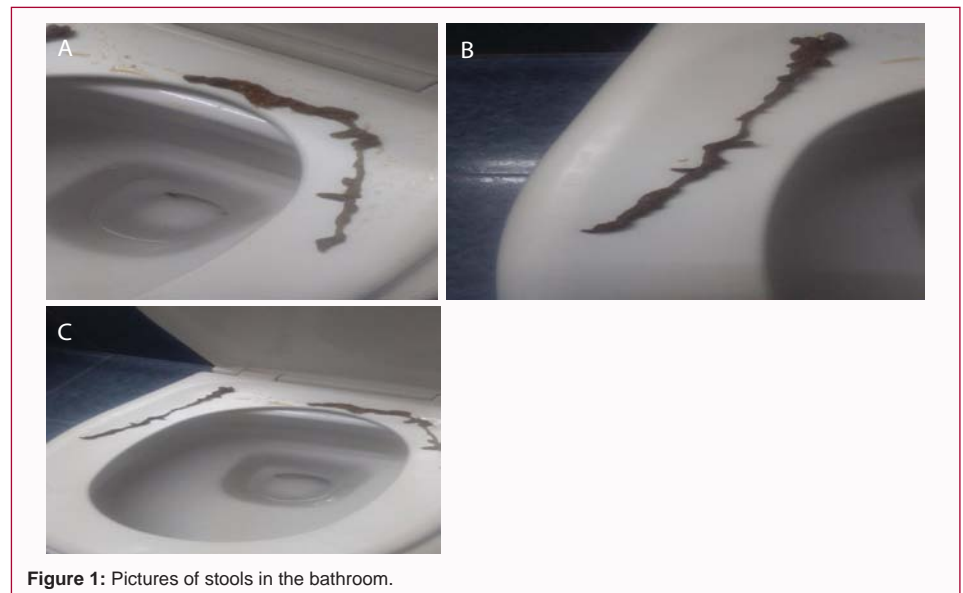


Figure 1: Pictures of stools in the bathroom.

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